



Expanding ‘Health Buddies’ with Seniors in Service

UnitedHealthcare Community Plan has awarded \$15,000 to [Seniors in Service](#) to support adults living with chronic conditions in Hillsborough, Pasco, and Pinellas counties.

The organization’s Health Buddies program connects college students training for healthcare-related professions to individuals with chronic conditions to foster respect and empower those served to self-manage their health and well-being.

During the 12-week program, Health Buddies and participants help clients live independently, with dignity. Following the program, participants are referred to ongoing Senior Companion Services and/or other community resources and supports, including opportunities to volunteer in their local community.

The UnitedHealthcare investment enables Seniors in Service to increase the number of individuals served through Health Buddies, with a goal of reducing the need for emergency medical interventions for chronic conditions as well as the level at which participants report experiencing feelings of stress, anxiety and loneliness.

UnitedHealthcare Community Plan’s grant builds on a \$150,000 donation by the UnitedHealthcare Foundation to Seniors in Service in 2020.